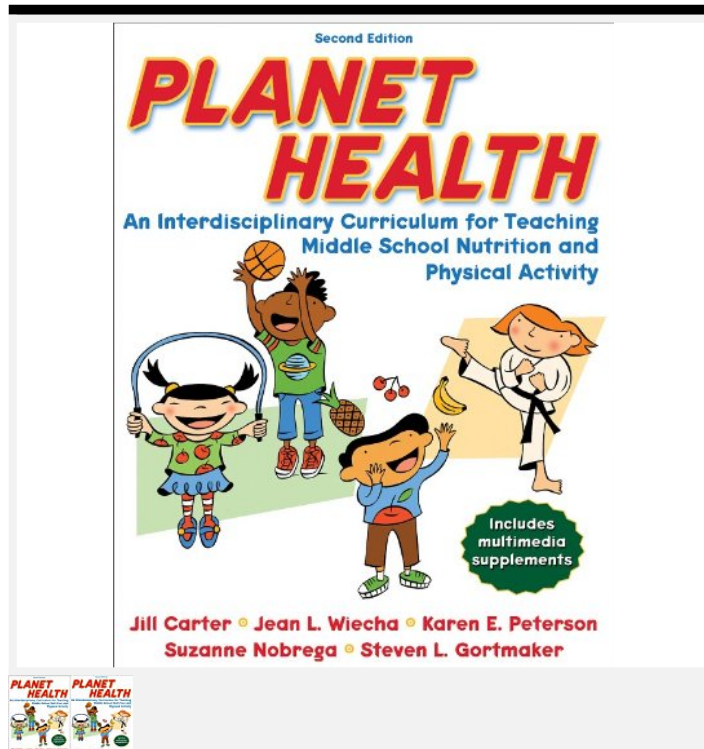

PDF Books Planet Health - Download



Book Details

- The perfect antidote to kids' inactivity, poor food choices, and high levels of screen-viewing time
- Introduce your child to nutrition and balanced meals
- Interactive self-assessment tool encourages children to track and improve their activity levels
- Includes 35, ready-to-use lesson plans



Book Synopsis

Planet Health Helps you teach students about nutrition and physical activity while building skills and competencies in language, maths, science, social studies and physical education. Full description
