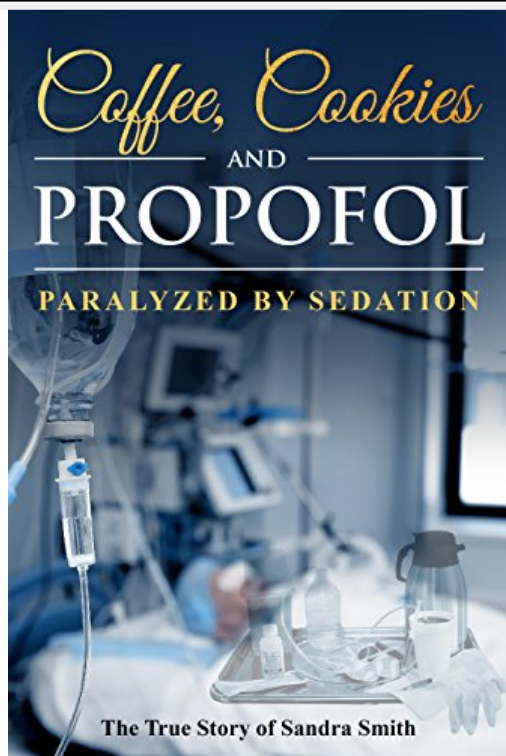

Read Coffee, Cookies, and Propofol: Paralyzed by Sedation - Online



Book detail

- Title : Read Coffee, Cookies, and Propofol: Paralyzed by Sedation - Online
- isbn : B077YKLTQY

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Book Synopsis

Sandy knew she had not been feeling well, but waking up finding herself unable to see, speak or move was something she never expected. During this journey new fears were exposed from the darkest recesses of her mind. How could she let them know she was inside this motionless body?

Recovery from a serious illness is challenging. Just when she thought her traumatic experience was over, another obstacle, recurrent nightmares, plagued her. Sandy had to come to grips with her new diagnosis, ICU PTSD.

Throughout the pages Sandra holds nothing back. Readers are hurried along with her from sickness to sedation and beyond.

From the author -

When I visited my mom in the hospital, everyone told me she knows you are here. I believed that. I thought for sure she could sense my energy and my comforting spirit. I didn't realize that she was lucid and processing information in a wide-awake state.

While our family sat at her bedside, she visiting the darkest recesses of her mind and confronting her deepest fears. This is the true story of the strongest woman I know.
